



Tennis (Girls)

Sport Information

Sport Director

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Regular Season Information-

In-Season Activities -

- In-season practice with a school coach present - in any sport - is prohibited outside the sport seasons designated in the following table. (Summers are exempt.)

	BEGIN	END
Fall Season	Monday, August 1, 2022	October 29, 2022

Game Limits -

Tennis	23 contests
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Out-of-Season Activities -

- Out-of-season activities are allowed, but are subject to the following:
 - Dead Periods:
 - Only apply to sports not in season.
 - Out-of-Season activities are not allowed during the following periods:

Season	Period
Fall	Starts the first week of fall season through August 31st.
Winter	Starts 1 week prior to the first day of the winter sport season and extends 3 weeks after Nov. 1.
Spring	Starts 1 week prior to the third Monday of February and extends 3 weeks after the third Monday of February.
May	Starts on the spring seeding meeting date and extends through the final spring state championship.

Sport Rules -

- National Federation of High Schools Rules (NFHS) -
 - The NCISAA is an affiliate member of the NFHS.
 - National High School Federation rules apply when NCISAA rules do not cover a particular application.
 - Visit www.nfhs.org to find sport specific rules and annual updates.
- It is important for athletic directors and coaches to annually review rules changes each season.
- Rules -
 - Heads of schools and athletic directors are responsible for seeing that these rules and concepts are understood and followed by their coaching staff without exception.
 - Enforcement of all NCISAA rules is the responsibility of each school, each conference, the NCISAA Board of Advisors, the NCISAA Board of Trustees and the NCISAA State Office.

- A coach may coach a player any time during the match so long as the coach does not interfere with play.
 - From the UIL: According to USTA rules, a player is allowed 25 seconds between points. A coach may provide feedback during 25- second time but cannot interrupt the continuous play rule. A coach may still coach his/her players during the 90 second changeover at the end of odd games.
 - Only the school tennis coach(es) employed by that school may coach, and only in a manner which does not interfere with the play on adjoining courts.
- The designated school head coach may coach from inside the fence and between courts. All assistant coaches must stay outside of the fence. The head coach may not switch out with an assistant.
 - From the UIL: "The school designated head coach may coach from on court but must be at or around the net post or bench area (specifically between the net post and half way down the service box).
 - Coaches should refrain from moving around during points and distracting players and/or disrupting continuous play.
 - Coaches may move from court to court as long as it is between points and does not disrupt continuous play on any court.

Postseason Information -

Seeding Information:

1. Opt Out Date - October 1, 2022
2. Seeding Meeting Dates:
 - a. October 16, 2022
3. Committee:

4. For state playoff seeding purposes, all conference games/matches must be completed prior to the seeding meetings.
5. All schools are considered for state playoffs unless they have opted out.
6. A team must have at least one win against a varsity opponent to qualify for the postseason.
7. The seeding committee will seed the tournament.
8. In all playoff games, the higher seed will be the home team.
9. Brackets will be posted on the NCISAA website after seeding for each classification has been established. The athletic administrators of participating teams should then be in communication with their opponent to arrange contest details. (See NCISAA Handbook/Postseason Rules & Regulations for Host Site rules and details.)

All-State Voting-

1. Meeting Date: November 1, 2022
2. Meeting Site: The format of the 2022 All-State selection meeting will be a virtual meeting.

3. Each conference, with two or more teams competing in the same classification or division, must provide a representative. A conference representative that fails to show for an All-State meeting will incur a \$250 fine for their conference
4. Each conference must submit their All-Conference list or At-Large candidates to the state office by the Sunday prior to the state championship.
5. Independent or At-Large nominees may be presented by a coach or athletic director from the nominee's respective school.
6. The NCISAA State Office will mail the All-State medals to the athletic director of the All-State recipient's school.

1A All-State Committee: TBA

Name	School	Conference	Email	Phone

2A All-State Committee: TBA

Name	School	Conference	Email	Phone

3A All-State Committee: TBA

Name	School	Conference	Email	Phone

4A All-State Committee: TBA

Name	School	Conference	Email	Phone

Postseason Definitions -

1. Championships - Each sport season will conclude with a final event - State Championships. Some sports have a 1 or 2 date Championship while others have a playoff period prior to a Championship.
2. Playoff Period - The two week period of time preceding the Championships will be considered "playoffs".
3. Playoff Dates - Within the playoff period, each classification/division will compete on 3-6 dates, depending on how teams are competing. After opt-outs have been established, the playoff dates and brackets will be posted on the NCISAA website. See BRACKETS tab for sport related bracket layout.

EXAMPLE:

- Week 1 - Playoffs may be played on Tuesday, Thursday and Saturday OR Tuesday and Friday.
 - Week 2 - Playoffs may be played on Tuesday, Friday and/or Saturday.
4. Playoff Times - Weekday contests will start at 4:30pm (1pm on Saturdays) unless an alternate time is agreed upon by competing schools.
 5. Each round will be determined after the opt out date and posted on the BRACKETS page on the NCISAA website.
 - a. Championship Date-

Girls Tennis	Finals will be on the last Saturday of October.

Championship Site:

The State Championships will be played at a predetermined site.

Sport Rules -

1. Tennis programs will receive information outlining procedures for state playoffs participation one month prior to the state tournament.
2. USTA rules will apply to matches unless otherwise specified. Coaches are encouraged to have an official USTA rule book on site.
 - All administrators must communicate with their competitors prior to contests to know what surfaces to expect when their teams meet.
3. All member schools must have participated in at least four tennis matches. Each singles player and doubles team must have played a minimum of four (4) matches at the same position in order to qualify for play in the state tournament at that position.
4. A designated coach may be inside the fence and on the court during play. Assistant coaches may coach outside the fence area during the matches.
5. Each coach is obligated to see that his/her team line-up represents the comparative strength of the players in both singles and doubles. For example, the #1 player or team is stronger than #2; #2 is stronger than #3, etc.
6. All teams qualifying for the state playoffs must send an officially verified line-up to the Sport Director by the Friday preceding the seeding meeting.
 - This line-up must be verified by the qualifying team's Athletic Director.
 - The lineup should fairly represent the comparative strength and schedule played by individuals and doubles teams throughout the regular season.
 - Lineups that are turned in must stay the same throughout the tournament unless a coach deems necessary to make a change for any reason which may include (fatigue, injury, illness, academic conflict, or discipline).
 - Please remember if a replacement occurs, that all players must be moved up and strength of singles and doubles should follow Rule #4.
 - A change in the lineup would need to be determined and shared with the opponent no later than 12 hours before the match unless an injury occurs after this time.
7. Any replaced player may not be substituted back into the lineup on that day or during that particular match.
8. An individual will play no more than four (4) matches per day. Ten minutes are allowed between the first and second sets. If necessary an additional ten minute break is permitted before the 3rd set which is a ten point tiebreaker which determines the match. A twenty minute minimum is suggested between matches.
9. Doubles will start all tournament matches with singles to follow.
 - The team that secures 5 team points wins the match.
 - In the first round, quarterfinals, semifinals, and finals, coaches can agree before the match to alter the remaining matches if a team earns 5 team points while matches are still on the courts.

- Coaches must come to an agreement with two options:
 - i. agree to play out the remaining matches as normal or
 - ii. stop play when a 5th team point is earned.
10. The positions paired at the number-one doubles positions (e.g., #1 and #3 = 4) must add up to an equal or lower number than those paired at the number two doubles (e.g., #2 and #4 = 6). The number two doubles pairing must add up to an equal or lower number than those paired at #3 doubles (e.g., #5 and #6 = 11). A number one singles player may NOT play at number three doubles. Any player NOT in the top 6 will be considered a #7 player for the purpose of placement in doubles.
 11. Everything is AD scoring in the state tournament.
 12. All set tiebreakers are 7 points. All Match tie breakers are 10 points in lieu of the third set .
 13. Doubles play 8 game pro sets with a 7 point tiebreaker played at 8-8.
 14. In the event of a singles match split sets in the NCISAA Playoffs, a 10 point match tiebreaker will be played to decide the third set just like the regular season.

Officials -

1. The NCISAA State Office will work with the host to secure a USTA official for the semifinals and finals in all divisions for the purpose of arbitrating issues of sportsmanship and rules.
2. That person will be paid and is expected to be present at all times.
3. Coaches may serve as monitors only when their own players are not involved in the match.

Game Administration-

The NCISAA requires that an administrator from the host team be present at the site of the contest. It is highly recommended that both teams have an administrator in attendance to assist with game and spectator management.

Medical Coverage -

A North Carolina State Licensed Athletic Trainer or First Responder is required for all NCISAA playoff contests.

Reporting Playoff Scores -

The host school administrator is responsible for reporting scores to the NCISAA State Office and posting results in MaxPreps immediately after the conclusion of the contest.

Game Balls:

1. When not provided by a sponsor, game balls should be furnished by the home team.
2. The Wilson WRT100300/ WRT100200/ WRT100101 Tennis Balls should be used in all postseason contests.

Admission -

	1st & 2nd Rounds	Semifinals & Finals
Adults	\$7.00	\$10.00
Students	Free	Free
Children (under 8)	Free	Free

Awards -

TEAM	1A	2A	3A	4A
Championship Trophy	1	1	1	1
Runner-Up Trophy	1	1	1	1

Individual Gold Medals to Championship Team	12	12	12	12
Individual Silver Medals to Runner-Up Team	12	12	12	12

INDIVIDUAL	1A	2A	3A	4A
All-State Awards	9	9	9	9