

Sport Director-

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Regular Season Information-

In-Season Activities-

• In-season practice with a school coach present - in any sport - is prohibited outside the sport seasons designated in the following table. (Summers are exempt.)

| | Fall Season | Monday, July 31, 2023 | Ends on the following date: Nov. 18, 2023 |
|--|-------------|-----------------------|--|

Game Limits-

| Football | 10 contests plus zero week |
|----------|----------------------------|

Out-of-Season Activities-

- Out-of-season activities are allowed, but are subject to the following:
 - Dead Periods:
 - Only apply to sports not in season.
 - Out-of-Season activities are not allowed during the following periods:

| Season | Period |
|--------|---|
| Fall | Starts the first week of fall season through August 31st. |
| Winter | Starts 1 week prior to the first day of the winter sport season and extends 3 weeks after Nov. 1. |
| Spring | Starts 1 week prior to the second Monday of February and extends 3 weeks after the second Monday of February. |
| May | Starts on the spring seeding meeting date and extends through the final spring state championship. |

Calendar-

• Please read the Heat Acclimatization Policy found on the Health & Safety page on the NCISAA website (under Policies & Procedures).

| 1st day of practice | Monday, July 31, 2023 or any day following July 31 | Conditions 1. and 2. of the Heat Acclimatization Policy must be followed before the first game. |
|------------------------|---|---|
| 1st scrimmage day | August 11, 2023 | Scrimmage is defined by the use of game officials. |
| Week 0 playing date | Week of August 18, 2023 | |
| Week 1 playing date | Week of August 25, 2023 | |

| Week 2 playing date | Week of September 1, 2023 |
|---------------------|----------------------------|
| Week 3 playing date | Week of September 8, 2023 |
| Week 4 playing date | Week of September 15, 2023 |
| Week 5 playing date | Week of September 22, 2023 |
| Week 6 playing date | Week of September 29, 2023 |
| Week 7 playing date | Week of October 6,2023 |
| Week 8 playing date | Week of October 13, 2023 |
| Week 9 playing date | Week of October 20, 2023 |
| Week 10 playing | Week of October 27, 2023 |
| date | |
| 1st playoff date | November 3, 2023 |
| 2nd playoff date | November 10, 2023 |
| Championship | November 17, 2023 |

^{**}November 4, 11, and 18 are reserved as alternate dates.

Divisions-

- Division I is comprised of schools with enrollment of 375 and above.
- Division II is comprised of schools with enrollment of 374 and below.
- Homeschool students will count toward enrollment.

| Division I | Division II |
|---------------------------------|----------------------------------|
| Cannon/Concord Academy | Asheville School |
| Charlotte Christian School | Covenant Day School |
| Charlotte Country Day School | Grace Christian School (Raleigh) |
| Charlotte Latin School | Harrells Christian |
| Christ School | Hickory Grove Christian Academy |
| Metrolina Christian Academy | High Point Christian Academy |
| North Raleigh Christian Academy | Southlake Christian School |
| Providence Day School | Trinity Christian |
| Rabun Gap School | Wake Christian Academy |
| Ravenscroft School | |

Conferences

| Contelences | | | | |
|----------------------|-----------------------|-----------------------------|---------------------------|--|
| | Big South | Western Athletic Conference | Big East | |
| Asheville Christian | Charlotte Christian | Cannon/Concord Academy | Grace Christian (Raleigh) | |
| Asheville School | Charlotte Country Day | Christ School | Harrells Christian | |
| Covenant Day | Charlotte Latin | Metrolina | North Raleigh Christian | |
| Hickory Grove | Providence Day | Rabun Gap | Ravenscroft | |
| High Point Christian | | | Trinity Christian | |
| SouthLake/Davidson | | | Wake Christian | |

Sport Rules-

- National Federation of High Schools Rules (NFHS)
 - The NCISAA is an affiliate member of the NFHS.
 - National Federation High School rules apply when NCISAA rules do not cover a particular application.
 - Visit www.nfhs.org to find sport specific rules and annual updates.
- It is important for athletic directors and coaches to annually review rules changes each season. Rule Books are also available for online purchase on the NFHS website.

Mercy Rule-

- 1. Once a score reaches a 42 or more point differential by halftime or any point thereafter, the game will resort to a running clock except after scores, charged timeouts, and injuries.
- 2. The game may be terminated by mutual agreement.
- 3. The clock will start when the ball is touched after the kickoff.

Postseason Information -

Seeding Information:

- a. Opt Out Date-October 15, 2023
- b. Seeding Meeting Dates
 - a. Saturday/Sunday, October 28-29, 2023

Seeding Criteria-

- 1. Head-to-head results
- 2. Common opponent results
- 3. Rankings (MaxPreps)
- 4. Strength of schedule (MaxPreps)

Football Seeding Committee -

- 1. The higher seeded team will be designated the home team throughout the postseason.
- 2. VIDEO EXCHANGE: All participating teams must make the previous 2 games accessible via HUDL.

Championship Site-

The higher seed will host in each division.

Dates & Sites-

| | <u>1st Round</u> | 2nd Round | <u>Championships</u> | Rain Dates |
|-------------|--|---|--|---|
| Division II | November 3, 2023 @ the higher seed | November 10, 2023 @ the higher seed | November 17, 2023 @ the higher seed | The subsequent Saturdays, November 4, 11 and 18 will be reserved as rain dates. |
| Division I | November 3, 2023 @ the higher seed | November 10, 2023 @ the higher seed | November 17, 2023 @ the higher seed | The subsequent Saturdays, November 4, 11 and 18 will be reserved as rain dates. |

Note: Arbitration concerning time and date will be determined by the NCISAA State Office.

Playoff Times -

Weekday contests will start at 7:00pm (1pm on Saturdays) unless an alternate time is agreed upon by competing schools.

Playoff Format-

- 1. 11-Man football will consist of two divisions with two championships.
- 2. Schools with enrollment of 375 or more will compete for the Div. I Championship.
 - a. Div. I Playoffs will consist of 8 teams.
- 3. Schools with enrollment of 374 or less will compete for the Div. II Championship.
 - a. Div II Playoffs will consist of 6 teams.

Sport Rules-

- 1. Once a team has been seeded in the playoffs, a film exchange must take place.
- 2. The higher seed shall initiate the exchange which should take place on the weekend preceding the contest.
- 3. It is the responsibility of both teams to select a convenient location between the schools to make the exchange; a minimum of the last two game films are to be exchanged.
- 4. The Executive Director and Sport Director or their designates will resolve disputes to determine adequate seating or lighting for playoff events provided the Executive Director is notified a minimum of two weeks prior to the potential game date.
- 5. The following will be determined and the responsibility assigned for each item.
 - Adequate seating
 - Police protection
 - Officials
 - Scoreboard, clock operator, and gate keepers
 - Field marking and preparation
 - Counting and distributing gate receipts to the NCISAA
 - Reimbursement for game officials
 - Responsibility for pre-game publicity
 - Number of passes for each team
 - Jersey colors
 - Alternate date in the event of bad weather
 - Selection of a person to make a financial report to NCISAA.
 - Game time and date

Tie-Breaker Rule-

1. In the event of a tie game in the playoffs, the tie-breaker rule as approved by the National High School Federation will be used.

Mercy Rule-

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- 2. The game may be terminated by mutual agreement.
- 3. The clock will start when the ball is touched after the kickoff.

Officials-

- 1. For playoff rounds, the host site is responsible for securing officials.
- 2. For state championships at the higher seed, host schools will work with the NCISAA State Office in securing officials.
- 3. When the championship is being played at a neutral site, host schools will work with the NCISAA State Office in securing officials.

Medical Coverage-

- 1. A North Carolina State Licensed Athletic Trainer or First Responder is required for all NCISAA playoff contests
 - a. The NCISAA does not require an ambulance. Administrators should contact the NCISAA State Office for approval before hiring an ambulance.

Reporting Playoff Scores-

The host school administrator is responsible for reporting scores to the NCISAA State Office and posting results in MaxPreps immediately after the conclusion of the contest.

Admission-

| | 1st Round | Semifinals & Championships | |
|------------------------|-----------|----------------------------|--|
| Adults | \$7.00 | \$10.00 | |
| Students | Free | Free | |
| Children (8 and under) | Free | Free | |

Awards-

All-State Voting -

- 1. Meeting Date: Monday, November 20, 2023
- 2. Meeting Site: The format of the All-State selection meeting will be an in-person or virtual meeting.
- 3. The NCISAA State Office will mail the All-State medals to the athletic director of the All-State recipient's school.

| Team | Div. I | Div. II |
|---|--------|---------|
| Championship Trophy | 1 | 1 |
| Runner-Up Trophy | 1 | 1 |
| Individual Gold Medals to Championship Team | 40 | 40 |
| Individual Silver Medals to Runner-Up Team | 40 | 40 |

| Individual | # |
|--------------------|-------------------|
| 1st Team All-State | 24 (per division) |

11-Man Football Champions-

| i i-iviari | Football Champions- | | |
|------------|------------------------------|-------------------------------|------------------------------|
| | D-I | D-II | D- III |
| 2022 | Providence Day School | Asheville School | |
| 2021 | Providence Day School | Cannon/Concord Acad./Cabarrus | |
| 2020 | Charlotte Christian School | Christ School | |
| 2019 | Charlotte Christian School | Providence Day School | Trinity Christian |
| 2018 | Charlotte Christian School | Charlotte Country Day School | |
| 2017 | Charlotte Christian School | Charlotte Latin School | Southlake Christian School |
| 2016 | Charlotte Latin School | High Point Christian Academy | Statesville Christian School |
| 2015 | Davidson Day School | Ravenscroft School | High Point Christian Academy |
| 2014 | Charlotte Christian School | Southlake Christian Academy | Victory Christian |
| 2013 | Charlotte Christian School | Davidson Day School | Southlake Christian Academy |
| 2012 | Charlotte Christian School | Davidson Day School | Victory Christian |
| 2011 | Providence Day School | First Assembly-Concord | Davidson Day School |
| 2010 | Charlotte Country Day School | First Assembly-Concord | |
| 2009 | Charlotte Latin School | First Assembly-Concord | |
| 2008 | Charlotte Christian School | Harrells Christian Academy | |
| 2007 | Charlotte Latin School | First Assembly-Concord | |
| 2006 | Charlotte Latin School | | |
| 2005 | Charlotte Latin School | | |
| 2004 | Charlotte Country Day School | | |
| 2003 | Charlotte Latin School | | |
| 2002 | Charlotte Country Day School | | |
| 2001 | Charlotte Country Day School | | |
| 2000 | Ravenscroft School | | |
| 1999 | Charlotte Latin School | | |
| 1998 | Charlotte Country Day School | | |
| 1997 | Charlotte Country Day School | | |
| 1996 | Charlotte Latin School | | |
| 1995 | Charlotte Country Day School | | |

| 1994 | Ravenscroft School | | |
|------|------------------------------|--------------|--|
| 1993 | Charlotte Country Day School | IFLNC Champs | |
| 1992 | Charlotte Christian School | IFLNC Champs | |
| 1991 | Providence Day School | IFLNC Champs | |
| 1990 | Charlotte Latin School | | |
| 1989 | Ravenscroft School | | |
| 1988 | Charlotte Latin School | | |
| 1987 | Charlotte Latin School | | |
| 1986 | Providence Day School | | |
| 1985 | Ravenscroft School | | |
| 1984 | Charlotte Country Day School | | |
| 1983 | Charlotte Country Day School | | |
| 1982 | Charlotte Country Day School | | |
| 1981 | Charlotte Country Day School | | |
| 1980 | Ravenscroft School | | |
| 1979 | Ravenscroft School | | |
| 1978 | Ravenscroft School | | |
| 1977 | Harrells Christian Academy | | |
| 1976 | Halifax Academy | | |
| 1975 | Charlotte Country Day School | | |
| 1974 | Charlotte Country Day School | | |