



Soccer (Girls)

Sport Information

Sport Director-

Adam Schwartz, Westchester Country Day School, adam.schwartz@westchestercds.org.

Regular Season Information-

- In-Season Activities-**

In-season practice with a school coach present - in any sport - is prohibited outside the sport seasons designated in the following table. (Summers are exempt.)

	BEGIN	END
Spring Season	Monday, February 12, 2024	Saturday May 18, 2024

- Game Limits-**

Girls Soccer	23 contests plus Spring Break

- Out-of-Season Activities-**

Out-of-season activities are allowed, but are subject to the following:

- Dead Periods:
 - Only apply to sports not in season.
 - Out-of-Season activities are not allowed during the following periods:

Season	Period
Fall	Starts the first week of fall season through August 31st.
Winter	Starts 1 week prior to the first day of the winter sport season and extends 3 weeks after Nov. 1.
Spring	Starts 1 week prior to the second Monday of February and extends 3 weeks after the second Monday of February.
May	Starts on the spring seeding meeting date and extends through the final spring state championship.

Sport Rules:

- National Federation of High Schools Rules (NFHS)-
 - The NCISAA is an affiliate member of the NFHS.
 - National High School Federation rules apply when NCISAA rules do not cover a particular application.
 - Visit www.nfhs.org to find sport specific rules and annual updates.
- It is important for athletic directors and coaches to annually review rules changes each season. Rule books are also available for online purchase on the NFHS website.
- Rules-
 - Heads of schools and athletic directors are responsible for seeing that these rules and concepts are understood and followed by their coaching staff without exception.
 - Enforcement of all NCISAA rules is the responsibility of each school, each conference, the NCISAA Board of Advisors, the NCISAA Board of Trustees and the NCISAA State Office.

- Ties:
 1. Within NCISAA vs NCISAA regular season competition, soccer matches must end with a winner. To resolve ties, the overtime procedure will follow these steps:
 - 2 - 10 minute periods (Golden Goal)
 - Penalty Kicks administered according to NFHS rules
 2. When playing a non-NCISAA opponent, matches may end in a tie.

Mercy Rule:

If a goal differential of nine is reached by halftime or at any time in the second half, the game shall be terminated. This applies during the regular season or the NCISAA playoffs.

Postseason Information -

Seeding Information:

1. Opt-Out Date- April 21, 2024
2. Meeting Dates:
 - a. Sunday - May 5, 2024
3. Seeding Committee:

4. For state playoff seeding purposes, all conference games/matches must be completed prior to the seeding meetings.
5. All schools are considered for state playoffs unless they have opted out.
6. A team must have at least two wins against a varsity opponent to qualify for the postseason.
7. Schools must play 4 contests against 4 separate schools within their classification.
8. In all playoff games, the higher seed will be the home team.
9. Brackets will be posted on the NCISAA website after seeding for each classification has been established. The athletic administrators of participating teams should then be in communication with their opponent to arrange contest details. (See NCISAA Handbook/Postseason Rules & Regulations for Host Site rules and details.)

All-State Voting -

1. Meeting Date: Tuesday, May 21, 2024
2. Meeting Site: The format of the 2024 All-State selection meeting will be an in-person or virtual meeting.
3. Each conference must provide a representative. A conference representative that fails to show for an All-State meeting will incur a \$250 fine for their conference
4. Each conference must submit their All-Conference list or At-Large candidates to the state office by the Sunday prior to the state championship.
5. Independent nominations will be represented by the Sport Chair or an At-Large representative.
6. The NCISAA State Office will mail the All-State medals to the athletic director of the All-State recipient's school.

1A All-State Committee- TBA

Name	School	Conference	Email	Phone
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2A All-State Committee-TBA

Name	School	Conference	Email	Phone

3A All-State Committee-TBA

Name	School	Conference	Email	Phone

4A All-State Committee- TBA

Name	School	Conference	Email	Phone

Postseason Definitions:

1. Championships - Each sport season will conclude with a final event - State Championships. Some sports have a 1 or 2 date Championship while others have a playoff period prior to a Championship.
2. Playoff Period - The two week period of time preceding the Championships will be considered "playoffs".
3. Playoff Dates - Within the playoff period, each classification/division will compete on 3-6 dates, depending on how teams are competing. After opt-outs have been established, the playoff dates and brackets will be posted on the NCISAA website. See BRACKETS tab for sport related bracket layout.

EXAMPLE:

- Week 1 - Playoffs may be played on Tuesday, Thursday and Saturday OR Tuesday and Friday.
 - Week 2 - Playoffs may be played on Tuesday, Friday and/or Saturday.
4. Playoff Times - Weekday contests will start at 5:30pm (1pm on Saturdays) unless an alternate time is agreed upon by competing schools.
 5. Each round will be determined after the opt out date and posted on the BRACKETS page on the NCISAA website.

a. Championship Date-

Girls Soccer	Finals will be on the third Saturday of May.

Championship Site:

The higher seed will host in the 3A and 4A Classifications. 1A and 2A will compete at TBD.

Sport Rules:

1. Unless otherwise specified, National High School Federation rules will be followed.
2. Ties (playoffs only):
 - a. Two ten minute overtimes.
 - b. Two five minute sudden victory overtimes.
 - c. Penalty kicks administered according to National Federation rules.
 - d. In all tie games, a coin toss will determine the choice of the ball at the start of each overtime period.

Mercy Rule:

If a goal differential of nine is reached by halftime or at any time in the second half, the game shall be terminated. This applies during the regular season or the NCISAA playoffs.

Officials:

1. Each playoff match should be staffed by 4 approved officials.
2. For playoff rounds, the host site is responsible for securing officials.
3. For state championships at the higher seed, host schools will work with the NCISAA State Office in securing officials.
4. When the championship is being played at a neutral site, host schools will work with the NCISAA State Office in securing officials.

Game Administration-

The NCISAA requires that an administrator from the host team be present at the site of the contest. It is highly recommended that both teams have an administrator in attendance to assist with game and spectator management.

Medical Coverage-

A North Carolina State Licensed Athletic Trainer or First Responder is required for all NCISAA playoff contests.

Reporting Playoff Scores-

The host school administrator is responsible for reporting scores to the NCISAA State Office and posting results in MaxPreps immediately after the conclusion of the contest.

Game Ball-

1. When not provided by a sponsor, game balls should be furnished by the home team.
2. The Wilson WTE9906 Forte FYbrid II Soccer Ball or Wilson WS1000901V Vivido Match Ball should be used in all postseason contests.

Admission:

	1st & 2nd Rounds	Semifinals & Finals
Adults	\$7.00	\$10.00
Students	Free	Free
Children (under 8)	Free	Free

Awards:

TEAM	1A	2A	3A	4A
Championship Trophy	1	1	1	1
Runner-Up Trophy	1	1	1	1
Individual Gold Medals to Championship Team	25	25	25	25
Individual Silver Medals to Runner-Up Team	25	25	25	25

INDIVIDUAL	1A	2A	3A	4A
All-State Awards	17	20	17	17