



Basketball (Girls)

Sport Information

Sport Director

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Regular Season Information -

In-Season Activities -

- In-season practice with a school coach present - in any sport - is prohibited outside the sport seasons designated in the following table. (Summers are exempt.)

Season	Start Date	End Date
Winter Season	Monday, October 27, 2025	Saturday, February 28, 2026

Game Limits -

Sport	Game Limits
Boys Basketball	25 contests plus Thanksgiving and Christmas

Out-of-Season Activities -

- Out-of-Season activities are allowed, but are subject to the following:
 - Dead Periods:
 - Only apply to sports not in season.
 - Out-of-Season activities are not allowed during the following periods:

Season	Period
Fall	Starts the first week of fall season through August 31st.
Winter	Starts 1 week prior to the first day of the winter sport season and extends 3 weeks after Nov. 1.
Spring	Starts 1 week prior to the second Monday of February and extends 3 weeks after the second Monday of February.
May	Starts on the spring seeding meeting date and extends through the final spring state championship.

Sport Rules -

- National Federation of High Schools Rules (NFHS)-
 - The NCISAA is an affiliate member of the NFHS.
 - National High School Federation rules apply when NCISAA rules do not cover a particular application.
 - Visit www.nfhs.org to find sport specific rules and annual updates.
- It is important for athletic directors and coaches to annually review rules changes each season. Rule Books are also available for online purchase on the NFHS website.
- Rules-
 - Heads of schools and athletic directors are responsible for seeing that these rules and concepts are understood and followed by their coaching staff without exception.

2. Enforcement of all NCISAA rules is the responsibility of each school, each conference, the NCISAA Board of Advisors, the NCISAA Board of Trustees and the NCISAA Office.

Postseason Information -

Seeding Information:

1. Opt-Out Date- January 16, 2026
2. Meeting Dates:
 - a. Saturday - February 14, 2026
3. For state playoff seeding purposes, all conference games/matches must be completed prior to the seeding meetings.
4. All schools are eligible to participate in the playoffs unless they have opted out.
5. A team must have at least two wins against a Maxpreps recognized varsity opponent to qualify for the postseason.
6. Schools must play 2 contests against 2 separate schools within their classification.
7. In all playoff games, the higher seed will be the home team.
8. See Postseason Rules & Regulations section of the NCISAA Handbook for complete details of the playoff seeding process.

All-State Voting -

1. Meeting Date: March 2, 2026
2. Meeting Site: The format of the 2026 All-State selection meeting will be a virtual meeting held on the Monday following the State Championship..
3. Each Head Coach (or their designee) will be invited to the all-state meeting and will have **three (3)** minutes to talk about all their school's all-state candidates.
4. In order for a student-athlete to be considered, the statistical information must be submitted by the deadline. Failure to submit information by the deadline will render the student-athlete ineligible for all-state consideration.
5. There will be no all-conference list submitted to the State Office in advance of the meeting. There will be no predetermined all-state committee
6. Voting will be done by every head coach (or their designee) that attended the all-state meeting. Voting forms will be sent out to coaches following the meeting.
7. The NCISAA State Office will mail/deliver the All-State medals to the athletic director of the All-State recipient's school.

Postseason Definitions -

1. Championships - Each sport season will conclude with a final event - State Championships. Some sports have a 1 or 2 date Championship while others have a playoff period prior to a Championship.
2. Playoff Period - The two week period of time preceding the Championships will be considered "playoffs".
3. Playoff Dates - Within the playoff period, each classification/division will compete on 3-6 dates, depending on how teams are competing. After opt-outs have been established, the playoff dates and brackets will be posted on the NCISAA website. See BRACKETS tab for sport related bracket layout.

EXAMPLE:

- Week 1 - Playoffs may be played on Tuesday, Thursday and Saturday OR Tuesday and Friday.
 - Week 2 - Playoffs may be played on Tuesday, Friday and/or Saturday.
4. Each round will be determined after the opt out date and posted on the BRACKETS page on the NCISAA website.
 - a. Championship Date-

Girls Basketball (1A, 2A, 3A, 4A)	Finals will be on the fourth Saturday of February.

Championship Site -

Novant Health Fieldhouse/Greensboro Complex – 1921 W. Gate City Blvd. Greensboro, NC

Fri. Feb. 27 – 1A Girls 12:00pm, 3A Girls 5:00pm

Sat. Feb. 28 – 4A Girls 12:00pm, 2A Girls 5:00pm

Times may be subject to change.

Sport Rules -

Unless otherwise specified, National High School Federation rules will apply.

Mercy Rule -

Once the score reaches a 35 point differential at halftime or thereafter, the game will resort to a running clock which will remain running throughout the duration of the game including administration of free throws or all other dead ball situations except time-outs called by the coach.

Officials -

1. For playoff rounds, the host site is responsible for securing officials.
2. When the championship is being played at a neutral site, host schools will work with the NCISAA State Office in securing officials.
 - a. Basketball officiating crews will be asked to officiate 2 games back to back in order to preserve continuity in a given classification for boys' and girls' games.
 - b. Three-person officiating crews will be used for state tournaments in all divisions.
 - c. All preliminary games to the finals will have officiating crews work two games.
 - d. A three-person crew will be used for semi- finals and finals.
 - e. The finals will have 2 three-person crews – one for the boys' final and one for the girls' final.

Medical Coverage -

A North Carolina State Licensed Athletic Trainer is required for all NCISAA playoff contests.

Reporting Playoff Scores -

Both school administrators are responsible for reporting scores to the NCISAA State Office and posting results in MaxPreps immediately after the conclusion of the contest.

Uniforms -

1. The higher seeded team will wear white jerseys.
2. The higher seed will be the home team throughout the tournament.

Scorebook -

1. Each team is required to have-someone (preferably an adult) keeping their scorebook during each game.
2. The designated home team is the official book.
3. For Championship Saturday, there will be a neutral adult keeping the official scorebook at the table in addition to the team's book.

Practice -

During the days of the tournament no team may practice in the gym where the tournament is to be played.

Warm Up -

Games will start at the published time-no earlier. However, if a game runs into the next game's scheduled start time, the teams involved in the game will have a maximum of 12 minutes to warm up. By mutual agreement between the coaches involved, the warm up time may be shortened.

Complimentary Tickets -

1. Players, coaches, and team managers listed on the official rosters will be issued a Participant Pass to be used for the championship.
2. These are not to be given to parents or fans.

Half-Time Performances -

No team may have half-time entertainment by cheerleaders, pom-pom girls, etc. at any state tournament.

Video Recording -

1. See NCISAA Media Policy.
2. No video tape or other filming equipment may be used by a team representative unless that team is playing in the game being recorded.
3. Any NCISAA school found in violation of this rule will be fined \$500.

Game Balls-

The Wilson WZ1018901XB6 NCAA EVO NXT Basketball should be used in all postseason contests.

Admission:

Postseason	All Rounds
Adults	\$10.00
Students	\$10.00

***Students in grades 9-12 of participating schools only are admitted free.**

Awards:

Team	1A	2A	3A	4A
Championship Trophy	1	1	1	1
Runner-Up Trophy	1	1	1	1
Individual Gold Medals	20	20	20	20
Individual Silver Medals to Runner-Up Team	20	20	20	20

Individual	1A	2A	3A	4A
All-State Awards	12	12	12	12

Previous NCISAA Girls Basketball Champions:

Season	Champions
1973-1974	Westchester Academy
1974-1975	Gaston Day School
1975-1976	Westchester Academy
1976-1977	Gaston Day School
1977-1978	Gaston Day School
1978-1979	Gaston Day School
1979-1980	Hobgood Academy
1980-1981	Lawrence Academy
1981-1982	Providence Day School
1982-1983	Lawrence Academy
1983-1984	1A - Westchester Academy 2A - Charlotte Latin School
1984-1985	1A - Lawrence Academy 2A - Charlotte Latin School
1985-1986	1A - Enfield Academy 2A - Ravenscroft School
1986-1987	1A - Hobgood Academy 2A - Charlotte Country Day School
1987-1988	1A - Pungo Academy 2A - Cardinal Gibbons High School
1988-1989	1A - Enfield Academy 2A - Cardinal Gibbons High School
1989-1990	1A - Westchester Academy 2A - Providence Day School
1990-1991	1A - Halifax Academy 2A - Charlotte Latin School
1991-1992	1A - Westchester Academy 2A - Durham Academy
1992-1993	1A - Westchester Academy 2A - Providence Day School

1993-1994	1A - Hobgood Academy 2A - Durham Academy
1994-1995	1A - Carolina Day School 2A - Charlotte Latin School
1995-1996	1A - Carolina Day School 2A - Ravenscroft School
1996-1997	1A - Victory Christian Center School 2A - Charlotte Latin School
1997-1998	1A - Hale High School 2A - Providence Day School
1998-1999	1A - Fayetteville Academy 2A - Ravenscroft School
1999-2000	1A - Victory Christian Center School 2A - Fayetteville Academy 3A - Charlotte Christian School
2000-2001	1A - Victory Christian Center School 2A - Fayetteville Academy 3A - Providence Day School
2001-2002	1A - Victory Christian Center School 2A - St. David's School 3A - Charlotte Christian School
2002-2003	1A - Victory Christian Center School 2A - Arendell-Parrott Academy 3A - Charlotte Christian School
2003-2004	1A - Victory Christian Center School 2A - Fayetteville Academy 3A - Charlotte Christian School
2004-2005	1A - Gaston Day School 2A - St. David's School 3A - Providence Day School
2005-2006	1A - Gaston Day School 2A - Victory Christian Center School 3A - Providence Day School
2006-2007	1A - Gaston Day School 2A - Victory Christian Center School 3A - Providence Day School
2007-2008	1A - Trinity Christian School

	2A - Victory Christian Center School 3A - Providence Day School
2008-2009	1A - Wayne Country Day School 2A - Fayetteville Academy 3A - Hickory Grove
2009-2010	1A - Word of God 2A - Cary Christian School 3A - Providence Day School
2010-2011	1A - Word of God 2A - Carolina Day School 3A - Providence Day School
2011-2012	1A - Trinity Christian School 2A - Carolina Day School 3A - Providence Day School
2012-2013	1A - Trinity Christian School 2A - Carolina Day School 3A - Providence Day School
2013-2014	1A - Northwood Temple Academy 2A - Carolina Day School 3A - Providence Day School
2014-2015	1A - Trinity Christian School 2A - Carolina Day School 3A - Providence Day School
2015-2016	1A - Northwood Temple Academy 2A - Carolina Day School 3A - Providence Day School
2016 - 2017	1A - Trinity Christian School 2A - Carolina Day School 3A - Providence Day School
2017-2018	1A - Northwood Temple 2A - Carolina Day School 3A - Wesleyan Christian School
2018-2019	1A - The Burlington School 2A - Davidson Day School 3A - Forsyth Country Day School 4A - North Raleigh Christian School
2019-20	1A - Victory Christian 2A - Davidson Day School 3A - Asheville Christian Academy

	4A - Providence Day School
2020-21	1A - Victory Christian Center School 2A - Davidson Day School 3A - Concord Academy 4A - Cannon School
2021-22	1A- Grace Christian School (Sanford) 2A- The Burlington School 3A- Asheville Christian Academy 4A- Rabun Gap
2022-23	1A- Northside Christian 2A- Grace Christian School (Sanford) 3A- Concord Academy 4A- Rabun Gap
2023-24	1A - Cresset Christian 2A - O'Neal School 3A - Grace Christian School (Sanford) 4A - Cannon School
2024-25	1A - Victory Christian Center 2A - Rocky Mount Academy 3A - Grace Christian School (Sanford) 4A - Cannon School