



Football: 11-MAN

Sport Information

Regular Season Information

In-Season Activities

- In-season practice with a school coach present - in any sport - is prohibited outside the sport seasons designated in the following table. (Summers are exempt.)

Fall Season	Monday, Aug 3, 2026	Friday, November 20, 2026

Game Limits

Football	10 contests plus zero week

Out-of-Season Activities

- Out-of-season activities are allowed, but are subject to the following:
 - Dead Periods:
 - Only apply to sports not in season.
 - Out-of-Season activities are not allowed during the following periods:

Season	Period
Fall	Starts the first week of fall season through August 31st.
Winter	Starts 1 week prior to the first day of the winter sport season and extends 3 weeks after Nov. 1.
Spring	Starts 1 week prior to the second Monday of February and extends 3 weeks after the second Monday of February.
May	Starts on the spring seeding meeting date and extends through the final spring state championship.

Calendar

- Please read the Heat Acclimatization Policy found on the Health & Safety page on the NCISAA website (under Policies & Procedures).

1st day of practice	Monday, Aug 3, 2026	Conditions 1. and 2. of the Heat Acclimatization Policy must be followed before the first game.
1st scrimmage day	August 14, 2026	Scrimmage is defined by the use of game officials.
Week 0 playing date	Week of August 21, 2026	
Week 1 playing date	Week of August 28, 2026	
Week 2 playing date	Week of September 4, 2026	
Week 3 playing date	Week of September 11, 2026	
Week 4 playing date	Week of September 18, 2026	
Week 5 playing date	Week of September 25, 2026	

Week 6 playing date	Week of October 2, 2026	
Week 7 playing date	Week of October 9, 2026	
Week 8 playing date	Week of October 16, 2026	
Week 9 playing date	Week of October 23, 2026	
Week 10 playing date	Week of October 30, 2026	
1st playoff date	November 6, 2026	Div. I, II
2nd playoff date	November 13, 2026	Div. I, II
Championship	November 20, 2026	Div. I, II

****November 7, 14, and 21 are reserved as alternate dates**

Divisions

- Division I comprises schools with enrollment of 375 and above.
- Division II comprises schools with enrollment of 374 and below.
- Homeschool students will count toward enrollment.

Division I	Division II
Cannon/Concord Academy	Asheville School
Charlotte Christian School	Covenant Day School
Charlotte Country Day School	Harrells Christian
Charlotte Latin School	Hickory Grove Christian Academy
Christ School	High Point Christian Academy
Metrolina Christian Academy	Southlake Christian School
North Raleigh Christian Academy	Trinity Christian
Providence Day School	Wayne Christian School
Rabun Gap School	
Ravenscroft School	

Sport Rules

- National Federation of High Schools Rules (NFHS)
 - The NCISAA is an affiliate member of the NFHS.
 - National Federation High School rules apply when NCISAA rules do not cover a particular application.
 - Visit www.nfhs.org to find sport specific rules and annual updates.
- It is important for athletic directors and coaches to annually review rules changes each season. Rule Books are also available for online purchase on the NFHS website.
- A team failing to fulfill a commitment to a playoff berth or other contest scheduled by the NCISAA State Office is subject to:
 - A fine up to \$2,500 payable to the NCISAA State Office and an additional fine of up to \$1,000 payable to their opponent.
 - Serve a one year probation period and will not be eligible to host postseason contests in that sport for the subsequent school year.
- VIDEO EXCHANGE: All participating teams must make the previous 2 games accessible via HUDL.

Mercy Rule

1. Once a score reaches a 35 or more point differential by halftime or any point thereafter, the game will resort to a running clock except after scores, charged timeouts, and injuries.
2. The game may be terminated by mutual agreement.
3. The clock will start when the ball is touched after the kickoff.

Postseason Information -

Seeding Information:

- a. Opt Out Date- October 4, 2026
- b. Seeding Meeting Dates- Saturday, October 31 , 2026

Seeding Criteria

1. Head-to-head results
2. Common opponent results
3. Ratings (MaxPreps) and Strength of schedule (MaxPreps)

Championship Site

TBA

Dates & Sites

	<u>1st Round</u>	<u>2nd Round</u>	<u>Championships</u>	<u>Rain Dates</u>
Division II	November 6, 2026 @ the higher seed	November 13, 2026 @ the higher seed	November 20, 2026 @ higher Seed	The subsequent Saturdays, November 7, 14, and 21 will be reserved as rain dates.
Division I	November 6, 2026 @ the higher seed	November 13, 2026 @ the higher seed	November 20, 2026 @ higher seed	The subsequent Saturdays, November 7, 14, and 21 will be reserved as rain dates.

Note: Arbitration concerning time and date will be determined by the NCISAA State Office.

Playoff Times

Weekday contests will start at 7:00pm (1pm on Saturdays) unless an alternate time is agreed upon by competing schools.

Playoff Format

1. 11-Man football will consist of two divisions with two championships.
2. Schools with enrollment of 375 or more will compete for the Div. I Championship.
 - a. Div. I Playoffs will consist of 8 teams.
3. Schools with enrollment of 374 or less will compete for the Div. II Championship.
 - a. Div II Playoffs will consist of 8 teams.

Sport Rules

1. Once a team has been seeded in the playoffs, a film exchange must take place.
2. The higher seed shall initiate the exchange which should take place on the weekend preceding the contest.
3. It is the responsibility of both teams to select a convenient location between the schools to make the exchange; a minimum of the last two game films are to be exchanged.
4. The Executive Director and Sport Director or their designates will resolve disputes to determine adequate seating or lighting for playoff events provided the Executive Director is notified a minimum of two weeks prior to the potential game date.
5. The following will be determined and the responsibility assigned for each item.
 - o Adequate seating
 - o Police protection

- Officials
- Scoreboard, clock operator, and gate keepers
- Field marking and preparation
- Counting and distributing gate receipts to the NCISAA
- Reimbursement for game officials
- Responsibility for pre-game publicity
- Number of passes for each team
- Jersey colors
- Alternate date in the event of bad weather
- Selection of a person to make a financial report to NCISAA.
- Game time and date

Tie-Breaker Rule

1. In the event of a tie game in the playoffs, the tie-breaker rule as approved by the National High School Federation will be used.

Mercy Rule

1. Once a score reaches a 35 or more point differential by halftime or any point thereafter, the game will resort to a running clock except after scores, charged timeouts, and injuries.
2. The game may be terminated by mutual agreement.
3. The clock will start when the ball is touched after the kickoff.

Officials

1. For playoff rounds, the host site is responsible for securing officials.
2. For state championships at the higher seed, host schools will work with the NCISAA State Office in securing officials.

Medical Coverage

1. A North Carolina State Licensed Athletic Trainer or First Responder is required for all NCISAA playoff contests
 - a. The NCISAA does not require an ambulance. Administrators should contact the NCISAA State Office for approval before hiring an ambulance.

Reporting Playoff Scores

Both school administrators are responsible for reporting scores to the NCISAA State Office and posting results in MaxPreps immediately after the conclusion of the contest.

Admission

Postseason	All Rounds
Adults	\$10.00
Children (8 and under)	Free

***Students in grades 9-12 of participating schools only are admitted free.**

Awards

All-State Voting -

1. Meeting Date: November 23, 2026
2. Meeting Site: The format of the 2026 All-State selection meeting will be a virtual meeting held on the Monday following the State Championship.
3. The NCISAA State Office will mail the All-State medals to the athletic director of the All-State recipient's school.

Team	Div. I	Div. II
Championship Trophy	1	1
Runner-Up Trophy	1	1
Individual Gold Medals to Championship Team	40	40
Individual Silver Medals to Runner-Up Team	40	40

Individual	#
1st Team All-State	24 (per division)

11-Man Football Champions

	D-I	D-II	D- III
2025	Providence Day School	High Point Christian	
2024	Rabun Gap	Asheville School	
2023	Providence Day School	Asheville School	
2022	Providence Day School	Asheville School	
2021	Providence Day School	Cannon/Concord Acad./Cabarrus	
2020	Charlotte Christian School	Christ School	
2019	Charlotte Christian School	Providence Day School	Trinity Christian
2018	Charlotte Christian School	Charlotte Country Day School	
2017	Charlotte Christian School	Charlotte Latin School	Southlake Christian School
2016	Charlotte Latin School	High Point Christian Academy	Statesville Christian School
2015	Davidson Day School	Ravenscroft School	High Point Christian Academy
2014	Charlotte Christian School	Southlake Christian Academy	Victory Christian
2013	Charlotte Christian School	Davidson Day School	Southlake Christian Academy
2012	Charlotte Christian School	Davidson Day School	Victory Christian
2011	Providence Day School	First Assembly-Concord	Davidson Day School
2010	Charlotte Country Day School	First Assembly-Concord	
2009	Charlotte Latin School	First Assembly-Concord	

2008	Charlotte Christian School	Harrells Christian Academy	
2007	Charlotte Latin School	First Assembly-Concord	
2006	Charlotte Latin School		
2005	Charlotte Latin School		
2004	Charlotte Country Day School		
2003	Charlotte Latin School		
2002	Charlotte Country Day School		
2001	Charlotte Country Day School		
2000	Ravenscroft School		
1999	Charlotte Latin School		
1998	Charlotte Country Day School		
1997	Charlotte Country Day School		
1996	Charlotte Latin School		
1995	Charlotte Country Day School		
1994	Ravenscroft School		
1993	Charlotte Country Day School	IFLNC Champs	
1992	Charlotte Christian School	IFLNC Champs	
1991	Providence Day School	IFLNC Champs	
1990	Charlotte Latin School		
1989	Ravenscroft School		
1988	Charlotte Latin School		
1987	Charlotte Latin School		
1986	Providence Day School		
1985	Ravenscroft School		
1984	Charlotte Country Day School		
1983	Charlotte Country Day School		
1982	Charlotte Country Day School		
1981	Charlotte Country Day School		
1980	Ravenscroft School		
1979	Ravenscroft School		
1978	Ravenscroft School		
1977	Harrells Christian Academy		
1976	Halifax Academy		
1975	Charlotte Country Day School		

1974	Charlotte Country Day School		
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