



Soccer-Boys

Sport Information

Regular Season Information -

In-Season Activities

- In-season practice with a school coach present - in any sport - is prohibited outside the sport seasons designated in the following table. (Summers are exempt.)

Fall Season	Monday, Aug 3, 2026	Saturday, October 31, 2026

Game Limits

Boys Soccer	23 contests

Out of Season Activities

- Out of season activities are allowed, but are subject to the following:
 - Dead Periods:
 - Only apply to sports not in season.
 - Out-of-Season activities are not allowed during the following periods:

Season	Period
Fall	Starts the first week of fall season through August 31st.
Winter	Starts 1 week prior to the first day of the winter sport season and extends 3 weeks after Nov. 1.
Spring	Starts 1 week prior to the second Monday of February and extends 3 weeks after the second Monday of February.
May	Starts on the spring seeding meeting date and extends through the final spring state championship.

Sport Rules

- National Federation of High Schools Rules (NFHS)-
 - The NCISAA is an affiliate member of the NFHS.
 - National High School Federation rules apply when NCISAA rules do not cover a particular application.
 - Visit www.nfhs.org to find sport specific rules and annual updates.
- It is important for athletic directors and coaches to annually review rules changes each season. Rule Books are also available for online purchase on the NFHS website.
- Rules-

- Heads of schools and athletic directors are responsible for seeing that these rules and concepts are understood and followed by their coaching staff without exception.
- Enforcement of all NCISAA rules is the responsibility of each school, each conference, the NCISAA Board of Advisors, the NCISAA Board of Trustees and the NCISAA State Office.
- Ties:
 - Within NCISAA vs. NCISAA regular season competition, soccer matches must end with a winner (regardless of team classification). To resolve ties, the overtime procedure will follow these steps:
 - 2 - 10 minute periods (Golden Goal)
 - Penalty kicks administered according to NFHS rules
 - If two NCISAA teams fail to resolve a tie then the contest will be recognized as a loss for both teams for seeding purposes.
 - When playing a non-NCISAA opponent, matches may end in a tie.

Mercy Rule

If a goal differential of nine is reached by halftime or at any time in the second half, the game shall be terminated. This applies during the regular season or the NCISAA playoffs.

Postseason Information

Seeding Information:

1. Opt Out Date- September 18, 2026
2. Seeding Meeting Dates:
 - a. October 17, 2026
3. For state playoff seeding purposes, all conference games/matches must be completed prior to the seeding meetings.
4. All schools are considered for state playoffs unless they have opted out.
5. A team must have at least two wins against a Maxpreps recognized varsity opponent to qualify for the postseason.
6. Schools must play 2 contests against 2 separate schools within their classification/division.
7. In all playoff games, the higher seed will be the home team.
8. Brackets will be posted on the NCISAA website after seeding for each classification has been established. The athletic administrators of participating teams should then be in communication with their opponent to arrange contest details. (See NCISAA Handbook/Postseason Rules & Regulations for Host Site rules and details.)

All-State Voting

1. Meeting Date: November 2, 2026
2. Meeting Site: The format of the 2026 All-State selection meeting will be a virtual meeting held on the Monday following the State Championship..
3. Each Head Coach (or their designee) will be invited to the all-state meeting and will have **three (3)** minutes to talk about all their school's all-state candidates.
4. Statistical information must be submitted for each student-athlete being considered using the form provided by the State Office. Failure to submit information prior to the established deadline will render the student-athlete ineligible for all-state consideration.
5. There will be no all-conference list submitted to the State Office in advance of the meeting. There will be no predetermined all-state committee.
6. Voting will be done by each head coach (or their designee) who attended the all-state meeting. Voting forms will be sent out to coaches following the meeting.
7. The NCISAA State Office will mail/deliver the All-State medals to the athletic director of the All-State recipient's school.

Postseason Definitions

1. Championships - Each sport season will conclude with a final event - State Championships. Some sports have a 1 or 2 date Championship while others have a playoff period prior to a Championship.
2. Playoff Period - The two week period of time preceding the Championships will be considered "playoffs".
3. Playoff Dates - Within the playoff period, each classification/division will compete on 3-6 dates, depending on how many teams are competing. After opt-outs have been established, the playoff dates and brackets will be posted on the NCISAA website. See BRACKETS tab for sport related bracket layout.

EXAMPLE:

- Week 1 - Playoffs may be played on Tuesday, Thursday and Saturday OR Tuesday and Friday.
 - Week 2 - Playoffs may be played on Tuesday, Friday and/or Saturday.
4. Playoff Times - Weekday contests will start at 5:30pm (1pm on Saturdays) unless an alternate time is agreed upon by competing schools.
 5. Each round will be determined after the opt out date and posted on the BRACKETS page on the NCISAA website.

Championship Sites

1A @ TBA

2A @ Westchester Country Day - game will be played on **Friday, October 30, 2026.**

3A and 4A will be played at the higher seed.

Sport Rules

1. Unless otherwise specified, National High School Federation rules will be followed.
2. Ties (**playoffs only**):
 1. Two, ten-minute overtimes.
 2. Two, five-minute sudden victory overtimes.
 3. Penalty kicks administered according to National Federation rules.
 4. In all tie games, a coin toss will determine the choice of the ball at the start of each overtime period.

Mercy Rule

If a goal differential of nine is reached by halftime or at any time in the second half, the game shall be terminated. This applies during the regular season and playoffs.

Officials

1. Each playoff match should be staffed by 4 approved officials.
2. For playoff rounds, the host site is responsible for securing officials.
3. For state championships, host schools will work with the NCISAA State Office in securing officials.

Game Administration

The NCISAA requires that an administrator from the host team be present at the site of the contest. It is highly recommended that both teams have an administrator in attendance to assist with game and spectator management.

Medical Coverage

A North Carolina State Licensed Athletic Trainer or First Responder is required for all NCISAA playoff contests.

Reporting Playoff Scores

Both school administrators are responsible for reporting scores to the NCISAA State Office and posting results in MaxPreps immediately after the conclusion of the contest.

Game Balls

1. The official ball for playoffs and championships is TBD.

Admission

Postseason	All Rounds
Adults	\$10.00
Children (8 and under)	Free

***Students in grades 9-12 of participating schools only are admitted free.**

Awards

Team	1A	2A	3A	4A
Championship Trophy	1	1	1	1
Runner-Up Trophy	1	1	1	1
Individual Gold Medals to Championship Team	25	25	25	25
Individual Silver Medals to Runner-Up Team	25	25	25	25

Individual	1A	2A	3A	4A
All-State Awards	17	17	17	17